

# RESOURCE LIST FOR AFGHAN ARRIVALS



This list of national resources is designed to assist with legal and resettlement needs for Afghan arrivals.

For questions about legal and resettlement services and resources, or to request additional support, you can contact your state refugee coordinator's office. Find your local contact here:

<https://www.acf.hhs.gov/orr/grant-funding/key-state-contacts>

\* Indicates a highly recommended resource

\*\* Translated materials available and/or find a Dari/Pashto speaking organization

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# GENERAL HELP



## **USAHello and FindHello ([Dari](#)) ([Pashto](#))\*\***

Connects immigrant communities with a range of information and resources in Dari and Pashto.

<http://www.usahello.org>

Download the Mobile App, FindHello ([Dari](#)) ([Pashto](#)): <https://usahello.org/findhello/>

## **International Rescue Committee (IRC) – Virtual Resettlement Line ([Dari](#)) ([Pashto](#))\*\***

Helps Afghan arrivals who are humanitarian parolees find benefits and resources in their communities.

<https://nrcrim.org/sites/nrcrim.umn.edu/files/2023-08/VRL%20Flyer%20for%20Afghans%20-%204.27.2023.pdf>

## **U.S. Committee for Refugees and Immigrants (USCRI) – Post-Resettlement Behavioral Health Support Services ([Dari](#)) ([Pashto](#))\*\***

Culturally informed behavioral health services for Afghan arrivals.

<https://refugees.org/the-behavioral-health-support-program-for-afghans/>

## **SAMU First Response**

Provides urgent and empowering humanitarian support to the most vulnerable populations in crisis through short term respite centers (shelters), public transportation tickets, and resources about migrant destination cities.

<https://samufirstresponse.org/>

## **Switchboard and Refugee Welcome Collective State Resource Map**

This resource map is tailored for newcomers, community sponsors, resettlement agencies, and sponsorship staff to easily locate services and information related to jobs, education, childcare, food, cash assistance, and more. Check back often for updates from your state.

[https://refugeewelcome.org/state-resources?mc\\_cid=f1d68c9125&mc\\_eid=4a322b0990](https://refugeewelcome.org/state-resources?mc_cid=f1d68c9125&mc_eid=4a322b0990)



# LEGAL SERVICES



## **Immigration Advocates Network – National Immigration Legal Services Directory\* \*\***

Find free and low-cost immigration lawyers by state and county. Search by language spoken, including Dari and Pashto.

<https://www.immigrationadvocates.org/legaldirectory/>

## **U.S. Department of Justice – Executive Office for Immigration Review (EOIR) – List of Pro Bono Legal Service Providers\*\***

Find lawyers providing free services by state, including experts in immigration law. Identifies organizations with staff who speak Dari and Pashto.

<https://www.justice.gov/eoir/list-pro-bono-legal-service-providers>

## **American Immigration Lawyers Association (AILA) – Find an Immigration Lawyer\*\***

Directory of licensed immigration lawyers in the United States. Search by language spoken, including Dari and Pashto.

<https://ailalawyer.com/>

## **Honor the Promise**

Provides resettlement services to Afghan Special Operations Veterans and their families who do not qualify for a Special Immigrant Visa (SIV).

<https://honorthepromise.vet>

## **International Refugee Assistance Project (IRAP)**

Legal help for eligible Afghans for SIV applications, family reunification, USRAP applications, and refugee travel documents. Additional links for legal help are also available on this site.

<https://support.iraplegalinfo.org/hc/en-us/categories/360002837831-I-want-to-ask-for-IRAP-s-help>

## **FAMIL**

Supports Afghan arrivals in the United States under Special Immigrant Visas (SIVs) through employment, education, and community integration services.

<https://www.familusa.org/about>

## **Bridging Refugee Youth & Children's Services (BRYCS) – Afghan Legal Resource Library\*\***

Collection of immigration legal resources and information, including several in Dari and Pashto.

<https://brycs.org/apalegal/>



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# HOUSING SUPPORT



## **Refugee Housing Solutions – Housing Hub and Localized Directory**

Online platform that connects refugees and immigrants with housing resources. Includes local resources in Texas and Washington state.

<https://refugeehousing.org/housing-hub/>

## **Refugee Housing Solutions – Know Your Rights: State-by-State Housing Guide**

Resources to help you understand your rights and responsibilities as a renter in your state.

<https://refugeehousing.org/resources/know-your-rights-state-by-state-housing-guide/>

## **Refugee Housing Solutions – Tenant Toolkit (Dari) (Pashto)\*\***

Guide to finding housing, the application process, and your rights and responsibilities as a renter.

<https://refugeehousing.org/resources/tenant-toolkit/>

## **Cultural Orientation Resource Exchange – New Refugee-Facing Resources on Home Safety and Rental Housing**

Resources to answer your questions about housing in the United States.

<https://coresourceexchange.org/2024/02/13/new-refugee-facing-resources-on-home-safety-and-rental-housing/>

## **SettleIn – Housing (Dari) (Pashto)\*\***

Learn about housing, how to rent a home, and home safety in the United States.

<https://settleinus.org/life-in-the-u-s/housing/>

## **USA.gov – Help with Utility Bills**

Government programs that help pay for phone, internet, and energy bills.

<https://www.usa.gov/help-with-utility-bills>

## **Consumer Financial Protection Bureau (CFPB) – Get Help Paying Rent and Bills**

Resources to help pay rent or utility bills and information about your legal rights as a renter.

<https://www.consumerfinance.gov/housing/housing-insecurity/help-for-renters/get-help-paying-rent-and-bills/>

## **Office of Community Services – Low Income Home Energy Assistance Program (LIHEAP)**

Helps eligible households pay high energy bills and improve the energy efficiency of their homes. Learn more by calling the public phone number for your state.

<https://www.acf.hhs.gov/ocs/map/liheap-map-state-and-territory-contact-listing>



# HEALTH AND PUBLIC BENEFITS



## HEALTHCARE

### **U.S. Committee for Refugees and Immigrants (USCRI) – Post-Resettlement Behavioral Health Support Services** ([Dari](#)) ([Pashto](#))\*\*

Culturally informed behavioral health services for Afghan arrivals.

<https://refugees.org/the-behavioral-health-support-program-for-afghans/>

### **Office of Refugee Resettlement (ORR) – Where to Go for Help: Afghan Behavioral Health Support** ([Dari](#)) ([Pashto](#))\*\*

Access behavioral health support online or through a hotline.

<https://www.acf.hhs.gov/orr/programs/refugees/afghan-behavioral-health-support>

### **USAHello – Health** ([Dari](#)) ([Pashto](#))\*\*

Learn how to visit the doctor, get health insurance, and access other physical and mental health services in the United States.

<https://usahello.org/health/>

### **SettleIn – Healthcare in the U.S.** ([Dari](#)) ([Pashto](#))\*\*

An overview of how healthcare works in the United States.

<https://settleinus.org/life-in-the-u-s/health/>

### **Medicaid.gov – Where Can People Get Help with Medicaid & CHIP?**

Provides free and low-cost health insurance to people with low incomes. Check your eligibility through your state program.

<https://www.medicaid.gov/about-us/where-can-people-get-help-medicaid-chip/index.html>

### **InsureKidsNow.org – Find Coverage for Your Family**

Learn how to get your children free or low-cost health insurance through state resources.

<https://www.insurekidsnow.gov/coverage/index.html>



## PUBLIC BENEFITS

### **Office of Refugee Resettlement (ORR) – Cash & Medical Assistance**

Information on refugee cash and medical assistance services based on legal status.

<https://www.acf.hhs.gov/orr/programs/refugees/cma>

### **USDA Food and Nutrition Service – Supplemental Nutrition Assistance Program (SNAP)**

Financial support to low-income families to buy groceries.

<https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program>

### **USDA Food and Nutrition Service – Special Supplemental Nutrition Program for Women, Infants, & Children (WIC)**

Provides nutrition and health care support for women with low incomes who are pregnant or have recently had a child. Some infants and children 5 years or younger also qualify.

<https://www.fns.usda.gov/wic>

### **Office of Family Assistance – Help for Families: Temporary Assistance for Needy Families (TANF)**

A state-by-state directory with information about the TANF program, which provides cash aid to low-income families with children.

<https://www.acf.hhs.gov/ofa/map/about/help-families>

### **USAHello – Education for Children ([Dari](#)) ([Pashto](#))\*\***

Learn how your child can attend school in the United States.

<https://usahello.org/education/children/>

### **Administration for Children & Families (ACF) – Early Childhood Learning & Knowledge Center – Head Start**

Learning and development resources for eligible low-income families with children from birth to age 5.

How to Apply: <https://eclkc.ohs.acf.hhs.gov/how-apply>

Recent Updates: <https://www.acf.hhs.gov/ohs>



# EDUCATION AND EMPLOYMENT



## EDUCATION

### **U.S. Department of Education – Educational Resources for Immigrants, Refugees, Asylees, and other New Americans**

Learn about educational opportunities for a range of groups, from K-12 students to adult learners.

<https://www2.ed.gov/about/overview/focus/immigration-resources.html>

### **USAHello – University and Adult Education ([Dari](#)) ([Pashto](#))\*\***

Find resources to further your education, get job training, and more.

<https://usahello.org/education/university-adult-education/>

### **Upwardly Global – Professional Licensing Guides**

States regulate many careers in the United States, including those of doctors, engineers, and teachers. Learn how you can continue your career with licensing guides for 16 states and the District of Columbia.

<https://www.upwardlyglobal.org/career-coaching/professional-licensing-guides/>

### **Massachusetts Institute of Technology – Refugee Action Hub (ReACT)**

Hosts a Certificate in Computer and Data Science program for refugee communities.

<https://react.mit.edu/>

## EMPLOYMENT

### **U.S. Department of Justice – Civil Rights Division – Worker Fact Sheet: Employment Information for Afghans in the United States**

Understand your employment rights and learn which documents you need to show your eligibility to work.

[https://www.justice.gov/d9/2023-09/employment\\_information\\_for\\_afghans\\_in\\_the\\_united\\_states\\_eng\\_doj\\_ier\\_8\\_30\\_23.pdf](https://www.justice.gov/d9/2023-09/employment_information_for_afghans_in_the_united_states_eng_doj_ier_8_30_23.pdf)

### **U.S. Department of Justice – Civil Rights Division – Immigrant and Employee Rights Section ([Dari](#)) ([Pashto](#))\*\***

Access resources and ask questions about Employment Authorization Documents and discrimination concerns.

<https://www.justice.gov/crt/immigrant-and-employee-rights-section>



### **Job Corps**

Free career training and education for low-income adults ages 16 to 24.

<https://www.jobcorps.gov/>

### **CareerOneStop – American Job Center**

Locate your nearest American Job Center where you can look for jobs and find trainings.

<https://www.careeronestop.org/LocalHelp/AmericanJobCenters/find-american-job-centers.aspx>

### **USAHello – Work (Dari) (Pashto)\*\***

Learn how to find a job and how to succeed at work.

<https://usahello.org/work/>

### **Upwardly Global - Career Coaching**

Free career coaching program for immigrants and refugees to help you find the right profession, receive training, and network with employers.

<https://www.upwardlyglobal.org/career-coaching/>

### **REACT DC**

Resettlement, employment, and women's services for newcomers in the Washington, D.C., metro area and nationwide.

<https://www.reactdc.org>





# RESOURCES FOR WOMEN



## HEALTH AND RESETTLEMENT

### **Refugee Women's Alliance (ReWA)**

Direct support to refugee and immigrant women in more than 50 languages.

<https://www.rewa.org/about-rewa/>

### **Women for Afghan Women\*\***

Community centers in New York and Virginia that offer a range of resettlement services to Afghan women, girls, and families.

About the New York Community Center ([Dari](#)) ([Pashto](#))

<https://womenforafghanwomen.org/>

## DOMESTIC VIOLENCE

### **U.S. Department of Justice – Office on Violence Against Women – Resources for Survivors**

Phone hotlines and online resources for survivors of domestic violence and sexual assault.

<https://www.justice.gov/ovw/local-resources>

### **Refugee Women's Alliance (ReWA) – Domestic Violence Brochure ([Dari](#))\*\***

Identify domestic violence, types of abuse, and how to receive help in multiple languages.

[https://www.rewa.org/wp-content/uploads/2021/01/DV-Brochure-ENGLISH\\_digital.pdf](https://www.rewa.org/wp-content/uploads/2021/01/DV-Brochure-ENGLISH_digital.pdf)

### **National Domestic Violence Hotline**

Immediate support via phone, text, and online chat for people experiencing domestic violence. Can search for local organizations that offer interpreters.

Online Chat: <https://www.thehotline.org/>

Local Resources: <https://ncadv.org/resources>

### **Domestic Shelters – Get Help: Find a Shelter or Program Near You**

Database of local organizations that provide emergency housing and support to those in need.

<https://www.domesticshelters.org/>



### **National Network to End Domestic Violence – Safety Net Project – Confidentiality: VAWA, FVPSA, and VOCA**

Understand the laws protecting survivors' privacy after reporting domestic and sexual violence crimes.

<https://www.techsafety.org/confidentiality-in-vawa-fvpsa>

### **U.S. Department of Health & Human Services – Office on Women's Health – Violence Against Immigrant and Refugee Women**

Understand the rights and resources available for immigrant and refugee women experiencing violence or abuse.

<https://www.womenshealth.gov/relationships-and-safety/other-types/immigrant-and-refugee-women>

### **National Resource Center on Domestic Violence – VAWnet**

Database of resources on gender-based violence.

<https://vawnet.org/>

## FINANCES

### **USAHello – Afghan Resource Center – Using and Managing Money in the U.S. (Dari) (Pashto)\*\***

Learn about managing personal finances in the United States.

<https://usahello.org/afghan-resource-center/us-money/>

### **International Rescue Committee (IRC) – Virtual Resettlement Line (Dari) (Pashto)\*\***

Helps Afghan arrivals who are humanitarian parolees find benefits and resources in their communities.

<https://nrcrim.org/sites/nrcrim.umn.edu/files/2023-08/VRL%20Flyer%20for%20Afghans%20-%204.27.2023.pdf>

### **Office of Refugee Resettlement (ORR) – Cash & Medical Assistance**

Information on refugee cash and medical assistance services based on legal status.

<https://www.acf.hhs.gov/orr/programs/refugees/cma>

### **Social Security Administration (SSA) – Supplemental Security Income (SSI)**

Government program that provides monthly payments to people with disabilities and older adults with little to no income.

General Information:

<https://www.ssa.gov/ssi>

Information for Noncitizens:

<https://www.ssa.gov/pubs/EN-05-11051.pdf>

<https://www.ssa.gov/ssi/spotlights/spot-non-citizens.htm>



### **USDA Food and Nutrition Service – Supplemental Nutrition Assistance Program (SNAP)**

Provides financial support to low-income families to buy groceries.

<https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program>

### **Administration for Children & Families (ACF) – Office of Child Care**

Find local child care and access financial support.

General Resources: <https://childcare.gov/>

Financial Support: <https://childcare.gov/consumer-education/paying-for-childcare>

### **Cultural Orientation Resource Exchange (CORE) – New Refugee-Facing Resources on Home Safety and Rental Housing**

Resources to answer your questions about housing in the United States.

<https://coresourceexchange.org/2024/02/13/new-refugee-facing-resources-on-home-safety-and-rental-housing/>

### **Consumer Financial Protection Bureau (CFPB) – Get Help Paying Rent and Bills**

Resources to help pay rent or utility bills and information about your legal rights as a renter.

<https://www.consumerfinance.gov/housing/housing-insecurity/help-for-renters/get-help-paying-rent-and-bills/>



# IMMIGRATION INFORMATION



## **U.S. Citizenship & Immigration Services (USCIS) – Information for Afghan Nationals ([Dari](#)) ([Pashto](#))\*\***

General information for Afghan nationals about services and time-sensitive legal updates.

<https://www.uscis.gov/humanitarian/information-for-afghan-nationals>

## **U.S. Citizenship and Immigration Services (USCIS) – Self-Service Tools**

Learn how to use the USCIS website to file applications and access other services.

<https://www.uscis.gov/tools/uscis-tools-and-resources>

## **U.S. Citizenship and Immigration Services (USCIS) – Check Case Processing Times**

Tool to check the average wait time for U.S. immigration applications.

<https://egov.uscis.gov/processing-times/>

## **U.S. Citizenship and Immigration Services (USCIS) – Multilingual Resource Center ([Dari](#)) ([Pashto](#))\*\***

Translated resources covering many immigration topics and information for Afghan arrivals.

<https://www.uscis.gov/tools/multilingual-resource-center>

## **U.S. Customs and Border Protection (CBP) – Official Site for Travelers Visiting the United States:**

### **Apply for or Retrieve Form I-94, Request Travel History and Check Travel Compliance ([Dari](#)) ([Pashto](#))\*\***

Find your I-94 form and check your travel compliance.

<https://i94.cbp.dhs.gov/i94/#/home>

## **U.S. Department of State – Afghanistan Inquiries and Information about the Coordinator for Afghan Relocation Efforts (CARE)**

Information regarding a variety of Afghan-related inquiries related to relocation, travel, and immigration.

<https://www.state.gov/afghanistan-inquiries/>

## **U.S. Department of State – Bureau of Consular Affairs – List of U.S. Embassies and Consulates**

Government database of embassy locations in countries with a U.S. presence.

<https://travel.state.gov/content/travel/en/us-visas/visa-information-resources/list-of-posts.html>

## **American Immigration Lawyers Association (AILA) – Find Resources for Assisting Afghan Clients\*\***

Legal resources for lawyers and Afghan arrivals navigating the immigration process. Several resources are translated into Dari and Pashto for sharing.

<https://www.aila.org/library/resources-assisting-afghan-clients>



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### **International Refugee Assistance Project (IRAP) – Information About Refugee Status or Immigration Pathways\* (Dari) (Pashto)\*\***

Information regarding immigration pathways to the United States and answers to frequently asked questions.

<https://support.iraplegalinfo.org/hc/en-us/categories/360003007932-I-m-looking-for-information-about-refugee-status-or-immigration-pathways>

### **International Refugee Assistance Project (IRAP) – Legal Resources for Afghans (Dari) (Pashto)\*\***

Immigration information for Afghans available in Dari and Pashto, as well as resources for immigration lawyers and employers.

<https://refugeerights.org/news-resources/legal-resources-for-afghans>

### **USAHello – How to Apply for Asylum in the U.S. (Dari) (Pashto)\*\***

Guides users through the asylum process, which allows those who fear persecution in their home countries to stay in the United States.

<https://usahello.org/immigration/asylum-refugees/apply-for-asylum/>

### **American Bar Association (ABA) – Free Legal Answers**

Ask questions online and receive free legal advice.

<https://abafreelegalanswers.org/>

### **Asylum Seeker Advocacy Project – Pro Se Help Desks**

List of organizations providing free legal services to asylum seekers in California, Colorado, Florida, Illinois, Massachusetts, New York, and Texas.

<https://help.asylumadvocacy.org/pro-se-help-desks/>

### **U.S. Department of Justice – Executive Office for Immigration Review (EOIR)**

Links to online immigration resources and information about immigration courts by location.

<https://www.justice.gov/eoir>

### **National Immigrant Justice Center – Legal Services for Detained Immigrants (Available only in Illinois, Wisconsin, Kentucky, and Indiana)**

Provides legal services to those who are in removal proceedings from the United States, including detained individuals.

<https://immigrantjustice.org/services/legal-services-detained-immigrants>



# FOR PEOPLE IN AFGHANISTAN



## **United Nations High Commissioner for Refugees (UNHCR) – About UNHCR: Where We Work – Afghanistan**

Helps refugees by providing necessary services until they reach their final safe place.

<https://www.unhcr.org/countries/afghanistan>

## **International Organization for Migration (IOM) – United States of America**

International organization that specializes in migration assistance.

<https://www.iom.int/countries/united-states-america>

## **Refugee Processing Center – SIV/Iraqi & Syrian P-2/Afghan Referrals\*\***

Provides information for those seeking a Special Immigrant Visa (SIV) or refugee status to enter the United States.

<https://www.wrapsnet.org/siv-iraqi-syrian-afghan-referrals/>

Information for U.S. Affiliated Afghan Nationals ([Dari](#)) ([Pashto](#))

SIV FAQs 2021 ([Dari](#)) ([Pashto](#))

Things You Need to Know About Resettlement ([Dari](#)) ([Pashto](#))

SIV Refugee Benefits Elections form 2021 ([Dari](#)) ([Pashto](#))

## **International Rescue Committee (IRC)**

Helps those impacted by humanitarian crises worldwide by offering resettlement, immigration legal assistance, and other services.

<https://www.rescue.org/>

## **U.S. Department of State – Afghanistan Inquiries and Information about the Coordinator for Afghan Relocation Efforts (CARE)**

Information regarding a variety of Afghan-related inquiries regarding relocation, travel, and immigration.

<https://www.state.gov/afghanistan-inquiries/>

## **Rafiq – Friends of Afghans**

Resources for family reunification with potentially Special Immigrant Visa (SIV)-qualifying family members still in Afghanistan.

<https://rafiq-friendsofafghans.org/>



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### **#AfghanEvac** ([Dari](#)) ([Pashto](#))\*\*

Coalition of several organizations that assist Afghans with resettlement, immigration legal services, and more.

<https://afghanevac.org/>

### **Alliance for International Women's Rights**

Empowers women leaders in Afghanistan through international partnerships.

<https://aiwr.org/>

